

## Shanni's Matching Staff

Lori sifted her information about how to support Shannon in order to imagine what the perfect nanny or person would be like. (Although she also wanted the child-minder to know: who Shannon was; what was important to her; and how to look after her.) She thought about the characteristics, the skills and the interests that the perfect child-minder would need. She knew she would never find this perfect person, but she thought the following checklist would be a good place to start.

From this information Lori devised a list of questions to ask potential child-minders so that she could best match them to what Shannon needed and what she needed as a Mum.

### Looking After Shannon

• Shannon prefers to eat little & often (as opposed to a bigger meal at mealtimes). Some of her favourites are: sausages, eggs, carrots, pasta and custard. It's best not to force her to eat, or make an issue of it.

Shannon has a nap at around 12.30pm for an hour and a half and goes to bed at 8pm.

### Common interests

1. loves being around other children
2. being in the garden - even in the cold
3. music, singing and having a boogie
4. curling up and watching DVDs.

### Skills you need to have

- flexible - in your approach and with hours you can work (especially mornings and tea time).
- reliable and punctual - very important to us as a family.
- a good cook (someone who won't outshine me!) and will give Shanni a balanced varied diet with food she likes ♡.
- good at making learning fun...
- can plan ahead and will get things done - working around Shanni's routines.
- preferably able to drive...

### Characteristics you need to have

- preferably female
- fun, bubbly, full of energy + up beat. is a must \*\*
- has a positive outlook on life
- encouraging
- creative (lots of ideas + up for trying new things)
- imaginative (Shanni loves imaginative play for all things fantasy)
- patient, non-judgemental + won't hold grudges
- CALM - tone of voice + approach. Give Shanni boundaries in a respectful, calm way.

When appropriate situations & cuddle.

- Sometimes you need to shout. Again what level and your eye contact. a calm, firm response to shouting.